

**WALK 1** **Sunderland Bridge/Croxsdale** Arrive by 9.50 a.m.  
Start at 10.00 a.m.**Wednesday 19th March & Wednesday 27th August 2008**

A highly enjoyable moderate walk North of Croxsdale. Inclines and declines to negotiate. *(Please note: can be muddy).*

**Meet:** on the B6300 off the A167 Croxsdale.

**WALK 2** **Plawsworth** NEW Arrive by 9.50 a.m.  
Start at 10.00 a.m.**Wednesday 26th March & Wednesday 2nd July 2008**

This lovely moderate walk takes you through fields and also skirts Waldrige Fell. *(Please note: can be muddy).*

**Meet:** outside what was formerly know as the Waldrige Tavern Public House and the Inn on the Green Public House, Waldrige Village, Chester-le-Street.

**WALK 3** **Haswell** Arrive by 9.50 a.m.  
Start at 10.00 a.m.**Wednesday 2nd April 2008**

An attractive moderate walk through fields and woodland. Inclines and stiles to negotiate. *(Please note: can be muddy).*

**Meet:** at the small car park with the ruined tower, Mazine Terrace Haswell, just off the B1280.

**WALK 4** **Herrington Country Park** Arrive by 9.50 a.m.  
Start at 10.00 a.m.**Wednesday 9th April 2008**

A lovely easy walk around the park with a fairly steep incline and steps near the end.

**Meet:** at Herrington Country Park Visitor's Centre car park. From the roundabout at Penshaw Monument on the A183 CLS to Sunderland road, follow the signs for Herrington Country Park.

**WALK 5** **Edmondsley** NEW Arrive by 9.50 a.m.  
Start at 10.00 a.m.**Wednesday 16th April 2008**

A pleasing moderate walk through woodland to the reed beds at Edmondsley, returning via North Fell, includes inclines and declines. *(Please note: can be muddy).*

**Meet:** outside what was formerly know as the Waldrige Tavern Public House and the Inn on the Green Public House, Waldrige Village, Chester-le-Street.

**WALK 6** **Shiney Row** Arrive by 9.50 a.m.  
Start at 10.00 a.m.**Wednesday 23rd April & Wednesday 13th August 2008**

A nice moderate walk that takes in both riverside and railway paths, with inclines to negotiate. *(Please note: can be muddy).*

**Meet:** take the exit off the main Shiney Row roundabout marked Penshaw. Take the track/small road signed Entrance to Manor House to the left of the NEDL headquarters building.

**WALK 7** **Waldrige Fell** NEW Arrive by 9.50 a.m.  
Start at 10.00 a.m.**Wednesday 30th April & Wednesday 20th August 2008**

A pleasing moderate walk over the fells incorporating woodland and fields with inclines and declines to negotiate. *(Please note: can be muddy).*

**Meet:** outside what was formerly know as the Waldrige Tavern Public House and the Inn on the Green Public House, Waldrige Village, Chester-le-Street.

**WALK 8** **Beamish** NEW Arrive by 9.50 a.m.  
Start at 10.00 a.m.**Wednesday 7th May & Wednesday 24th September 2008**

An attractive moderate walk through woodland with steep inclines to negotiate. *(Please note: can be muddy).*

**Meet:** at Eden Place Picnic Area Beamish, just off the A693.

**WALK 9** **Quaking Houses** Arrive by 9.50 a.m.  
Start at 10.00 a.m.**Wednesday 14th May 2008**

A moderate walk around protected moorland, with lovely views across the valleys. *(Please note: can be muddy).*

**Meet:** outside the Quaking Houses Village Hall car park, off the main street. (Just off the B6313 by South Moor Stanley).

**WALK 10** **Meadowfield** Arrive by 9.50 a.m.  
Start at 10.00 a.m.**Wednesday 21st May 2008**

A delightful easy walk along the disused railway line with inclines to negotiate. *(Please note: an alternative route is available for wheelchair users, starting outside the Brauns Den Public House).*

**Meet:** outside the GP Surgery, Sawmills Lane, Meadowfield.

**WALK 11** **Ushaw Moor** NEW Arrive by 9.50 a.m.  
Start at 10.00 a.m.**Wednesday 28th May & Wednesday 3rd September 2008**

This agreeable moderate walk takes in the Deerness Valley and footpaths of Broompark and Ushaw Moor, with a steep incline near the end.

**Meet:** at Deerness Leisure Centre car park, Ushaw Moor.

**WALK 12** **Durham Riverside** Arrive by 9.50 a.m.  
Start at 10.00 a.m.**Wednesday 4th June & Wednesday 10th September 2008**

A beautiful easy walk around the River Wear with lovely views from Prebends Bridge.

**Meet:** at Green Lane, next to Durham rugby/cricket ground, Durham City.

**WALK 13** **Penshaw** NEW Arrive by 9.50 a.m.  
Start at 10.00 a.m.**Wednesday 11th June 2008**

A challenging walk featuring wonderful views of the surrounding area. Includes a riverside walk, steep inclines, declines and stiles to negotiate. *(Please note: can be muddy).*

**Meet:** at the lay by on the A183 at Penshaw Monument.



- Approximate walking times are between 1½ and 2 hours.

- **Please note:** -The dates of the walks are not always shown in consecutive numerical order in the leaflet as some of the walks have more than one date attributed to them.

- Appropriate footwear and outdoor clothing are **strongly** recommended. Where the walk description indicates that conditions maybe 'muddy' Wellington or walking boots are **strongly** recommended.

**WALK 14** **Daisy Hill** Arrive by 9.50 a.m.  
Start at 10.00 a.m.**Wednesday 18th June 2008**

A pleasing, easy walk through woodland and farmland. *(Please note: can be muddy).*

**Meet:** outside the Daisy Hill Public House on the B6532 between Sacriston and Edmondsley.

**WALK 15** **Wallnook** Arrive by 9.50 a.m.  
Start at 10.00 a.m.**Wednesday 25th June & Wednesday 8th October 2008**

A lovely easy rural walk, with inclines to negotiate. *(Please note: can be muddy).*

**Meet:** from Durham along the A691, take the first left at Kaysburn roundabout to Langley Park. Turn left into Wallnook, meet at the car park next to the decommissioned Witton Gilbert Station.

**WALK 16** **Chester-le-Street Riverside** Arrive by 9.50 a.m.  
Start at 10.00 a.m.**Wednesday 9th July & Wednesday 15th October 2008**

An attractive easy walk along the riverbank and around Riverside Park.

**Meet:** at the gateway to Austin's Bar, Durham County Cricket Pavilion, Riverside, Chester-le-Street.

**WALK 17** **Salter's Gate** Arrive by 9.50 a.m.  
Start at 10.00 a.m.**Wednesday 16th July 2008**

An attractive moderate walk with excellent views of the Durham Dales.

**Meet:** head on the B6296 towards Satley. Carry on through Satley, and take the second major right turn. Follow until the road ends at a T-junction. Meet on the grass verge at Salter's Gate.

**WALK 18** **Witton Gilbert** NEW Arrive by 9.50 a.m.  
Start at 10.00 a.m.**Wednesday 23rd July & Wednesday 1st October 2008**

A nice moderate walk with fantastic views of the surrounding area with an optional detour to Beau Repaire. Inclines and declines to negotiate. *(Please note: can be extremely muddy).*

**Meet:** outside St Michael and All Angels Parish Church, Witton Gilbert.

**WALK 19** **Shadforth** NEW Arrive by 9.50 a.m.  
Start at 10.00 a.m.**Wednesday 30th July & Wednesday 17th September 2008**

A pleasing moderate walk through fields with scenic view of the surrounding area.

**Meet:** to the right of Shadforth Plough Public House, Shadforth.

**WALK 20** **Houghall Trail** Arrive by 9.50 a.m.  
Start at 10.00 a.m.**Wednesday 6th August 2008**

An enjoyable easy walk along the nature trail.

**Meet:** at the small parking area just before the entrance to the Pump House Restaurant, Houghall Farm Road, Houghall, Shincliffe (A177).