

Start: at the car park opposite View Tops Club (known locally as Beamish Club), Beamish, Co Durham.

Distance: 4 miles.

Walking Time: 2 hours.

1. Outside the entrance/exit to the car park, cross the road towards View Tops Club. Go along Nicholsons Terrace, and across a footbridge, then bear left. Just before a metal gate, take the path to the right through woodland.
2. At a wooden seat to the right of the track, bear right, and eventually join the road leading to the Shepherd and Shepherdess public house. At this junction turn right, and cross the road onto the footpath. Continue down a steep hill, passing Hammer Square House and Forge Cottage, (taking care as there is no footpath at this point).
3. Turn right at the 'Public Bridleway' sign, following the track to a footbridge. Cross the bridge and bear right. Continue through the woodland with the river to your right.
4. The path passes Minstrel Farm. Turn right where the path joins the road. Being aware of the traffic, walk up the steep hill until you reach the junction. To the right is a public footpath. Go through the metal gate and follow the path, which can be very muddy at times, going uphill at the way marker. On approaching the village houses, turn left onto the footbridge, back to your starting point outside the car park, passing View Tops Club on the left.

