



Natural England Health Conference: Health and the Natural Environment

Monday, 18th June 2007, Lord's Cricket Ground, London NW8

Keynote addresses:



Howard Frumkin M.D., Dr.P.H.

Director, National Centre for Environmental Health, US Centres for Disease Control and Prevention, Atlanta, Georgia US



Anna Coote

Head of Engaging Patients and the Public, Healthcare Commission and Commissioner for Health at the Sustainable Development Commission

Chaired by:



Nick Ross

TV / Radio Presenter and Journalist

The number of people suffering chronic disease is multiplying rapidly with a huge cost to the economy. 1 in 4 adults and children are obese and heart disease alone costs the UK £29 BILLION per annum. Failure to take action now will mean that future health-care systems will be unable to cope and the economic burden to society is predicted to be vast.

This conference will bring together local authority, primary care, private, independent and third sector representatives to help understand and use the health benefits gained from the natural environment. The conference will explore how high quality natural green space can help reduce emergency hospital admissions, while increasing the health and wellbeing of individuals and communities.

www.naturalenglandhealthconference.org.uk

NATURAL
ENGLAND

Agenda (subject to change)

Session One: Introduction

- 09:30** Registration and refreshments and exhibition
- 10:00** Introduction, welcome and opening remarks
Nick Ross, Conference Chair
- 10:10** Introduction to Natural England
Sir Martin Doughty, Chair, Natural England
- 10:20** Natural England's vision of using health in the natural environment
Dr William Bird, Strategic Health Advisor, Natural England
- 10:30** Keynote address:
Howard Frumkin M.D., Dr.P.H., Director, National Centre for Environmental Health, US Centres for Disease Control and Prevention, Atlanta, Georgia US
- > How the West can use the environment to tackle some of the important health problems facing the 21st century
 - > What the UK needs to do next to lead change
 - > What will happen if we don't include the natural environment in the health agenda?
- 10:50** Questions and discussion
- 11:00** Refreshments and networking

Session Two: Core Issues

- 11:25** Impact of the natural environment on increasing physical activity
Professor Billie Giles-Corti, School of Population Health, The University of Western Australia
- > What part of the natural environment is important to increase physical activity?
 - > Reviewing work worldwide
 - > Findings from a current research programme as to the impact natural surroundings have on people moving to new neighbourhoods
- 11:45** Designing an environment to prevent chronic disease
Christine Hancock, European Director, Oxford Health Alliance – former General Secretary, Royal College of Nursing
- > Key risk factors contributing to chronic disease
 - > Economic argument for prevention
 - > Why the environment is important
 - > Obstacles to be overcome
- 12:05** Strengthening communities: natural green space and wellbeing
Professor Jules Pretty, Head of the Department of Biological Sciences, University of Essex
- > Can natural green space strengthen communities and help wellbeing?
 - > Can lack of contact with nature create a "lost" generation of children?
 - > How can we connect sustainability and health benefits to climate change?
- 12:25** Questions and discussion
- 12:50** Buffet lunch and networking





Session Three: Round table “speed dating” discussions (13:50 –15:00)

Research

Experts will include:

Professor Jules Pretty, Head of the Department of Biological Sciences, University of Essex

Charlie Foster, Senior Researcher, British Heart Foundation Health Promotion Research Group

Professor Billie Giles-Corti, School of Population Health, The University of Western Australia

Professor Mike Depledge, Chair of Environment and Human Health, Peninsula Medical School, Board of the Royal Commission on Environmental Pollution and of Natural England

Professor Stephen Holgate, MRC Clinical Professor of Immunopharmacology, Southampton, Chair of MRC Physiological Systems and Clinical Sciences Board

Dr Faith Culshaw, Public Sector Liaison, National Environmental Research Council

Professor Catharine Ward Thompson, Research Professor of Landscape Architecture, Edinburgh College of Art

Public Health

Experts will include:

Angela Mawle, Chief Executive, UKPHA

Dr Harry Rutter, Deputy Director, SE Public Health Observatory and Head of Health Impact Assessment, SE Public Health Group

Dr Howard Frumkin, Director, National Centre for Environmental Health, US Centres for Disease Control and Prevention, Atlanta, Georgia US

Alison Hardy, Director of Marketing Services, Dr. Foster Intelligence

Mala Rao, Head of Public Health Workforce and Capacity, Department of Health

Christine Hancock, European Director, Oxford Health Alliance – former General Secretary, Royal College of Nursing

Policy

Experts will include:

Anna Coote, Head of Engaging Patients and the Public, Healthcare Commission and Commissioner for Health at the Sustainable Development Commission

Tom Franklin, Chief Executive, Living Streets

Liam Hughes, National Advisor for Healthy Communities, IDEa

Colleen Williams, Policy Manager for Health, Department of Health

Sarah Gaventa, Director of CABE Space

Dr Ian Campbell, GP and Broadcaster, Medical Director, Weight Concern

Jill Rutter, Director of Strategy and Sustainable Development, DEFRA

Mark Camley, Chief Executive, Royal Parks, London

Tom Flood, Chief Executive, BTCV

Hugh Barton, Director of the WHO Collaborating Centre for Healthy Cities and Urban Policy

15:00 Calculating the conference’s carbon footprint

15:05 Refreshments and networking

15:25 Keynote address:

Anna Coote, Head of Engaging Patients and the Public, Healthcare Commission and Commissioner for Health at the Sustainable Development Commission

15:50 Questions chaired by Nick Ross

16:00 Agreement of priority actions

16:35 Conference summary by Nick Ross and thanks by Sir Martin Doughty, Chair, on behalf of Natural England

16:45 Close of conference

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Conference interactive technology

In order to ensure the most interactive, lively, thoughtful and passionate debates, those attending the conference will be able to vote electronically on key questions presented throughout the day, and can participate by texting their views onto a screen on stage.

Round table "speed dating" discussions

Session 3 will provide you, the delegate, with a unique occasion to "speed date" with international experts and some of the UK's leading policy and opinion makers from local government, health and environment backgrounds.

Each table will cover one of three themes 1) research 2) public health 3) policy and will be tasked to find the most important actions to take the natural environment and health agenda forward. International and domestic experts will rotate tables and put forward their most important areas offering an opportunity for delegates to challenge, debate and discuss priorities for Britain today.

Bring your questions, your suggestions, your opinions, your best practice examples. The more fervent your opinions and the more searching your questions the better the session will be and the more robust the actions to take forward.

Welcome to Natural England

Natural England was formed by bringing together English Nature and elements of The Countryside Agency and the Rural Development Service.

We work for people, places and nature, to enhance biodiversity, landscapes and wildlife in rural, urban and coastal and marine areas; promoting access, recreation and public well-being, and contributing to the way natural resources are managed so that they can be enjoyed now and in the future.


Natural England is working towards the delivery of four strategic outcomes, which together deliver on our purpose to conserve, enhance and manage the natural environment for the benefit of current and future generations.

- > A healthy natural environment
- > Enjoyment of the natural environment
- > Sustainable use of the natural environment
- > A secure environmental future

Natural England is committed to developing an evidence base to help researchers, policy makers and health professionals see the health value of green space. This conference will bring together experts in this area and set the course for our three year campaign which aims to increase the use of the natural environment in mainstream healthcare.

We look forward to seeing you on the 18th of June.

Best Wishes



Dr Helen Phillips
Chief Executive, Natural England

Speaker Biographies



Howard Frumkin, M.D., Dr.P.H.

Dr Howard Frumkin is Director of the National Centre for Environmental Health/Agency for Toxic Substances and Disease Registry (NCEH/ATSDR) at the U.S. Centres for Disease Control and Prevention who work to maintain and improve the health of the American people by promoting a healthy environment and by preventing premature death and avoidable illness and disability.

Before joining the CDC, he was Professor and Chair of the Department of Environmental and Occupational Health at Emory University's Rollins School of Public Health and Professor of Medicine at Emory Medical School, in Atlanta.



Anna Coote

Anna Coote is Head of Engaging Patients and the Public at the Healthcare Commission and Commissioner for Health at the Sustainable Development Commission. She was formerly Director of Health Policy at the King's Fund. Prior to that she was Deputy Director of the Institute for Public Policy Research, where she led the Institute's groundbreaking work on health and social policy, on citizens' juries and deliberative public involvement.

She has been adviser to the Minister for Women (1997-8); a Senior Lecturer in Media and Communications at Goldsmiths College, London University (1991-3); a producer and editor of current affairs and documentaries for Channel Four TV (1982-9); Deputy Editor of the New Statesman (1978-82), and a journalist and broadcaster.



Jules Pretty OBE, FRSA, FIBiol

Professor Jules Pretty is Head of the Department of Biological Sciences at the University of Essex. He is a Fellow of the Institute of the Biology and the Royal Society of Arts, Deputy-Chair of the government's Advisory Committee on Releases to the Environment (ACRE), and has served on advisory committees for DEFRA, DFID, the Cabinet Office and DTI. He received a 1997 international award from the Indian Ecological Society and received an OBE in 2006 for services to sustainable agriculture.



Billie Giles-Corti BApSc, MAPSc, PhD, MAHPA, MPHA

Billie Giles-Corti is a Professor in the School of Population Health, The University of Western Australia and currently establishing the Centre for the Built Environment and Health. She is recognised internationally for her research on the impact of the built environment on health and health behaviours and in 2007, she won a prestigious Fulbright Senior Scholar Award to enable to work with Professor Abby King at Stanford University to establish a collaborative research program on the built environment and active ageing.



Christine Hancock

Christine Hancock is European Director of the Oxford Health Alliance, a UK-based global charity which is confronting the world wide epidemic of chronic disease. A nurse trained at Kings College Hospital, London she has held hospital, community and mental health nursing positions. From 1989 to 2001 Christine was General Secretary of the Royal College of Nursing and has just completed a 4 year term as the President of the International Council of Nurses.

This national conference will:

Identify two key actions to advance the connection between health and the natural environment in each of the following areas:

1. Research - what are the key questions that must be asked to aid the progress of this agenda?

2. Public Health - How can health professionals use the natural environment to promote healthy lifestyles?

3. Policy - What changes to policy will increase the health benefits of the local natural environment?

Actions identified by participants through interaction with key policy makers will be prioritised over the coming year.

The conference will also aim to:

- > Present the most recent evidence that links good health with the natural environment
- > Show delegates how the natural environment can be shaped and enhanced to become a powerful health resource yet remain diverse and healthy itself
- > Demonstrate how we can reconnect people to their local natural environment so that they gain the full health benefits
- > Help landowners and the environmental sector work with the NHS and Department of Health to benefit specific groups, including the most vulnerable
- > Explain the part the natural environment has to play in increasing physical activity and help reduce emergency hospital admissions, thus reducing the burden on valuable NHS resources
- > Identify policy changes that are required to enhance our local natural environment and encourage more people to use it with the subsequent health and community benefits
- > Discuss how the natural environment can enhance communities and promote their wellbeing
- > Discuss how the natural environment can help achieve a more sustainable living and contribute towards offsetting climate change
- > Provide delegates with a unique opportunity to interact with international thought leaders and the UK's key policy makers to prioritise actions for the future

Who should attend?

Local Government

- > Chief Executives
- > Directors and Heads of:
 - > Public Health
 - > Community Development
 - > Environment and Health
 - > Estate Strategy and Policy
 - > Planning
 - > Facilities
 - > Planning Services
 - > Regeneration
 - > Culture
 - > Recreation and Sport
 - > Social Inclusion and Health
 - > Sustainable Development
- > LSP Managers
- > Senior Environmental Consultants

Health

- > PCT Chief Executives and Chairs
- > Directors of Strategic Health Authorities
- > SHA Strategy Leads
- > GPs (Innovative and Special Interest)
- > Public Health Practitioners
- > Public Health Nurses
- > Dieticians
- > Community Health Nurses
- > Commissioners
- > Directors of Community Health Partnerships
- > Directors of Public Health
- > Health Educators
- > Health Improvement Officers
- > Health Visitors
- > Health Promotion Officers
- > Nursing Leads

Others

- > Academics and Students in Environmental Health and Public Health Fields
- > Civil Servants
- > Voluntary and Community Sector Workers
- > Regional Development Agencies
- > Advocacy and Public Health Professional Organisations and Associations
- > Private Sector Leaders
- > Relevant Contractors and Suppliers
- > Environment and Health Charities / NGOs





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To Register -

Please photocopy this booking form for additional delegates.
Complete all relevant sections of this form and either:

-  Fax: 020 7490 8830  Tel: 020 7324 4330
-  Online: www.naturalenglandhealthconference.co.uk
-  Post: Natasha McDonough, Neil Stewart Associates Ltd,
PO Box 39976, 2nd Floor, 1 Benjamin St, London EC1M 5YT

Delegate Information

Title (Mr/Ms/Dr/Prof/Other) _____

Full Name _____

Position _____

Organisation _____

Email _____

Address _____

Postcode _____

Tel No _____

Direct Line? (Yes/No) _____

Fax No _____

Training Manager _____

Email _____

I have read and agree to the terms and conditions below: _____

Signature _____

Additional Requirements. Please indicate any special requirements below

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Delegate Rates

Please select the relevant rate from the list below

- Supported Rate -**
GP practices, voluntary sector, academics
£150.00 + VAT (£176.25)
- Reduced Rate -**
Local Authorities, PCTs, Public Sector
£225.00 + VAT (£264.38)
- Full Rate -**
Commercial Organisations, Non Departmental Public Bodies
£295.00 + VAT (£346.63)





* Fees include all day access to the event, available conference papers, buffet lunch and refreshments, for registered delegates only. Fees do not include travel costs or accommodation. Shared places are not permitted.

HOW TO PAY Please tick the relevant box below

Invoice Please send an invoice to: _____

Purchase order number (if relevant) _____

Cheque I enclose a cheque for £ _____ made payable to Neil Stewart Associates Ltd

Credit Card We can accept the following credit cards:    

Please debit: £ _____ from Mastercard/Eurocard/Visa/Maestro/Delta

Card No: _____ Expiry date of card: _____

Maestro Issue No: _____

Name (as on card): _____

Issuing Bank: _____

Cardholder's address: _____

Postcode: _____ Signature: _____

Terms and Conditions

This booking form constitutes a legally binding agreement. Payment must be received in full before the event. We are not responsible for the non-arrival of confirmation documents: if, by 7 days prior to the conference, you have not heard from us, contact us using the phone number on the brochure. Cancellations made in writing before **Friday 1st June 2007** will be subject to an administration fee, amounting to 35% of the liable fee. All cancellations made after this date will be liable for the full delegate fee. Although substitutions will be accepted if notified in writing prior to the event, non-arrivals will be liable for the full fee.

Data Protection

The personal information you provide will be held on a database by Neil Stewart Associates Ltd. and Natural England. By registering for a conference, Neil Stewart Associates can provide you with information relating to your booking and other Neil Stewart Associates services via email, direct mail, telephone or fax. If you do not want to receive this information please write to the Database Manager at Neil Stewart Associates. Your details may also be made available to other carefully selected companies.

Please tick here if you **do not** wish to receive information from third parties. Please tick here if you **do** wish to receive information from third parties.